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## Monday Exercises

Reference number PTE1

Warm up/technical exercises for all singers to use regularly

Monday exercises include;

A simple breathing exercise

A humming or lip-trill exercise

An exercise over a pattern of 2nds

An exercise to connect the speaking and singing voices

I am always happy to record any special exercises you may need recording. Just send them to me at [tom@practicetracks.co.uk](mailto:tom@practicetracks.co.uk)